

How was this past week for you? What did you see that inspired you? Beautiful art does that for some of us. Music, it is said can tame the savage soul. What kind of music did that for you over the past few days? What do you listen to that soothes you when you feel like your nerves are rattled? When was the last time you were refreshed by some of your old snapshots or you scrolled through photos on your phone...just because? We all need to take care of our thought lives. That is why we are reminded to...***meditate on whatever is lovely.***

We begin with some...

Terms and conditions

Lovely thoughts are inspired as we...

Lovely thoughts encompass...

Lovely thoughts...

Loving thoughts are nourished by...

Lovely thoughts adjust the trajectory of our lives...

Personal Application and Conversations

1. What is a sure fired bet to put a great big smile on your face?
2. How do you respond to people who tend to be sour or critical, and what do you do when you realize you are beginning to sound like that to those who are closest to you?
3. We have heard thoughts that we as a nation are fiercely divided by systemic prejudice and racism. What is God teaching you that is making a difference in the way you love people?
4. We are to organize our thoughts about people and situations around meditations focused on that which is lovely. How significant is the impact of beautiful, lovely thoughts (about family, friends, neighbors, coworkers, and our country), on your prayer life?



The Fear of the Lord

Whatever is Lovely

Philippians 4:8

**Pastor John Ploog
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